

ELISA PRODUCT INFORMATION & MANUAL

Human IL-6 ELISA Kit (Colorimetric) NBP1-89869

Enzyme-linked Immunosorbent Assay for quantitative detection. For research use only.

Not for diagnostic or therapeutic procedures.

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Human IL-6 ELISA Kit

Enzyme-linked Immunosorbent Assay for quantitative detection of human IL-6

Catalog Number NBP1-89869



WARNING! Read the Safety Data Sheets (SDSs) and follow the handling instructions. Wear appropriate protective eyewear, clothing, and gloves. Safety Data Sheets (SDSs) are available from Technical Support.

Product description

The Human IL-6 ELISA Kit is an enzyme-linked immunosorbent assay for the quantitative detection of human IL-6.

Summary

Interleukin-6 (IL-6) is a multifunctional cytokine that regulates immune responses, acute phase reactions, and hematopoiesis, and may play a central role in host defense mechanisms. The gene for human IL-6 has been localized to chromosome 7p21. The genomic sequence has been determined. IL-6 is usually not produced constitutively by normal cells, but its expression is readily induced by a variety of cytokines, lipopolysaccharide, or viral infections. The IL-6 gene product is a single-chain protein with a molecular mass ranging from 21 to 28 kDa, depending on the cellular source. Extensive posttranslational modifications like N- and O-linked glycosylation as well as phosphorylation seem to account for this heterogeneity. The cDNA for IL-6 predicts a precursor protein of 212 amino acids.

IL-6 is a pleiotropic cytokine produced by a variety of cells. It acts on a wide range of tissues, exerting growth-induction, growth-inhibition, and differentiation respectively, depending on the nature of the target cells.

IL-6 is involved in:

- the induction of B-cell differentiation,
- the induction of acute phase proteins in liver cells,
- growth promotion of myeloma/plasmacytoma/hybridoma cells,
- induction of IL-2 and IL-2 receptor expression,
- · proliferation and differentiation of T cells,
- inhibition of cell growth of certain myeloid leukemic cell lines and induction of their differentiation to macrophages,
- enhancement of IL-3-induced multipotential colony cell formation in hematopoietic stem cells and induction of maturation of megakaryocytes as a thrombopoietic factor,
- · induction of mesangial cell growth,
- induction of neural differentiation of PC 12 cells, and
- induction of keratinocyte growth.

For literature update refer to our website.

Principles of the test

An anti-human IL-6 coating antibody is adsorbed onto microwells.

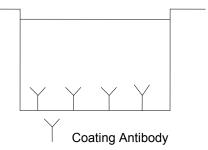


Fig. 1 Coated microwell.

Human IL-6 present in the sample or standard binds to antibodies adsorbed to the microwells. A biotin-conjugated anti-human IL-6 antibody is added and binds to human IL-6 captured by the first antibody.

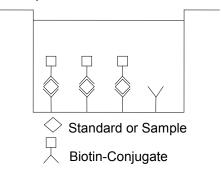


Fig. 2 First incubation.

Following incubation unbound biotin-conjugated anti-human IL-6 antibody is removed during a wash step. Streptavidin-HRP is added and binds to the biotin-conjugated anti-human IL-6 antibody.

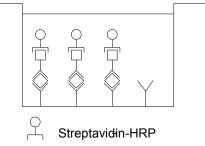
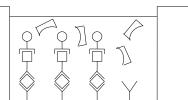


Fig. 3 Second incubation.

Following incubation, unbound Streptavidin-HRP is removed during a wash step, and substrate solution reactive with HRP is added to the wells.



Substrate

Fig. 4 Third incubation.

A colored product is formed in proportion to the amount of human IL-6 present in the sample or standard. The reaction is terminated by addition of acid and absorbance is measured at 450 nm. A standard curve is prepared from 7 human IL-6 standard dilutions and human IL-6 sample concentration determined.

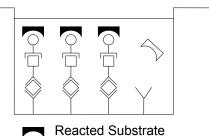


Fig. 5 Stop reaction.

Reagents provided

Reagents for human IL-6 ELISA NBP1-89869 (96 tests)

1 aluminum pouch with a Microwell Plate coated with monoclonal antibody to human IL-6

1 vial (70 μ L) Biotin-Conjugate anti-human IL-6 monoclonal antibody 1 vial (150 μ L) Streptavidin-HRP

2 vials human IL-6 Standard, lyophilized, 200 pg/mL upon reconstitution

1 vial Control high

1 vial Control low

1 vial (5 mL) Assay Buffer Concentrate 20x (PBS with 1% Tween $^{^{\text{TM}}}$ 20, 10% BSA)

1 bottle (50 mL) Wash Buffer Concentrate 20x (PBS with 1% Tween[™] 20)

1 vial (15 mL) Substrate Solution (tetramethyl-benzidine)

1 vial (15 mL) Stop Solution (1M Phosphoric acid)

4 Adhesive Films

Reagents for human IL-6 ELISA NBP1-89869 (10x96 tests)

10 aluminum pouches with a Microwell Plate coated with monoclonal antibody to human IL-6

10 vials (70 $\mu\text{L})$ Biotin-Conjugate anti-human IL-6 monoclonal antibody

10 vials (150 μL) Streptavidin-HRP

10 vials human IL-6 Standard lyophilized, $200~\rm pg/mL$ upon reconstitution

10 vials Control high

10 vials Control low

3 vials (5 mL) Assay Buffer Concentrate 20x (PBS with 1% Tween $^{\text{\tiny TM}}$ 20, 10% BSA and)

5 bottles (50 mL) Wash Buffer Concentrate 20x (PBS with 1% Tween 20)

10 vials (15 mL) Substrate Solution (tetramethyl-benzidine)

1 vial (100 mL) Stop Solution (1M Phosphoric acid)

20 Adhesive Films

Storage instructions - ELISA kit

Store kit reagents between 2° and 8° C except controls. Store lyophilized controls at -20° C. Immediately after use remaining reagents should be returned to cold storage (2–8°C), controls to -20° C, respectively. Expiry of the kit and reagents is stated on labels. Expiry of the kit components can be guaranteed only if the components are stored properly, and if, in case of repeated use of one component, this reagent is not contaminated by the first handling.

Sample collection and storage instructions

Cell culture supernatant, serum, and plasma (EDTA, citrate, heparin) were tested with this assay. Other body fluids might be suitable for use in the assay. Remove serum from the clot as soon as possible after clotting. Samples containing a visible precipitate must be clarified prior to use in the assay. Do not use grossly hemolyzed or lipemic samples. Samples should be aliquoted and must be stored frozen at – 20°C to avoid loss of bioactive human IL-6. If samples are to be run within 24 hours, they may be stored at 2–8°C (for sample stability refer to "Sample stability" on page 6). Avoid repeated freeze-thaw cycles. Prior to assay, the frozen sample should be brought to room temperature slowly and mixed gently.

Materials required but not provided

- 5 mL and 10 mL graduated pipettes
- 5 μL to 1000 μL adjustable single channel micropipettes with disposable tips
- 50 μL to 300 μL adjustable multichannel micropipette with disposable tips
- Multichannel micropipette reservoir
- Beakers, flasks, and cylinders necessary for preparation of reagents
- Device for delivery of wash solution (multichannel wash bottle or automatic wash system)
- Microwell strip reader capable of reading at 450 nm (620 nm as optional reference wave length)
- · Glass-distilled or deionized water
- Statistical calculator with program to perform regression analysis

Precautions for use

- All chemicals should be considered as potentially hazardous. We
 therefore recommend that this product is handled only by those
 persons who have been trained in laboratory techniques and that it
 is used in accordance with the principles of good laboratory
 practice. Wear suitable protective clothing such as laboratory
 overalls, safety glasses and gloves. Care should be taken to avoid
 contact with skin or eyes. In the case of contact with skin or eyes
 wash immediately with water. See material safety data sheet(s)
 and/or safety statement(s) for specific advice.
- Reagents are intended for research use only and are not for use in diagnostic or therapeutic procedures.
- Do not mix or substitute reagents with those from other lots or other sources.
- Do not use kit reagents beyond expiration date on label.
- Do not expose kit reagents to strong light during storage or incubation.
- Do not pipette by mouth.
- Do not eat or smoke in areas where kit reagents or samples are handled.
- Avoid contact of skin or mucous membranes with kit reagents or samples.
- Rubber or disposable latex gloves should be worn while handling kit reagents or samples.
- Avoid contact of substrate solution with oxidizing agents and metal.
- Avoid splashing or generation of aerosols.
- To avoid microbial contamination or cross-contamination of reagents or samples that may invalidate the test, use disposable pipette tips and/or pipettes.

- Use clean, dedicated reagent trays for dispensing the conjugate and substrate reagent.
- Exposure to acid inactivates the conjugate.
- Glass-distilled water or deionized water must be used for reagent preparation.
- Substrate solution must be at room temperature prior to use.
- Decontaminate and dispose samples and all potentially contaminated materials as if they could contain infectious agents.
 The preferred method of decontamination is autoclaving for a minimum of 1 hour at 121.5°C.
- Liquid wastes not containing acid and neutralized waste may be mixed with sodium hypochlorite in volumes such that the final mixture contains 1.0% sodium hypochlorite. Allow 30 minutes for effective decontamination. Liquid waste containing acid must be neutralized prior to the addition of sodium hypochlorite.

Preparation of reagents

Buffer concentrates should be brought to room temperature and should be diluted before starting the test procedure. If crystals have formed in the Buffer Concentrates, warm them gently until they have completely dissolved.

Wash buffer (1x)

- Pour entire contents (50 mL) of the Wash Buffer Concentrate (20x) into a clean 1,000 mL graduated cylinder. Bring to final volume of 1,000 mL with glass-distilled or deionized water.
- 2. Mix gently to avoid foaming.
- 3. Transfer to a clean wash bottle and store at 2–25°C. Please note that Wash Buffer (1x) is stable for 30 days.
- **4.** Wash Buffer (1x) may also be prepared as needed according to the following table:

Number of Strips	Wash Buffer Concentrate (20x) (mL)	Distilled Water (mL)
1–6	25	475
1–12	50	950

Assay buffer (1x)

- 1. Pour the entire contents (5 mL) of the Assay Buffer Concentrate (20x) into a clean 100 mL graduated cylinder. Bring to final volume of 100 mL with distilled water. Mix gently to avoid foaming.
- 2. Store at 2-8°C. The Assay Buffer (1x) is stable for 30 days.
- **3.** Assay Buffer (1x) may also be prepared as needed according to the following table:

Number of Strips	Assay Buffer Concentrate (20x) (mL)	Distilled Water (mL)
1–6	2.5	47.5
1–12	5.0	95.0

Biotin-Conjugate

Note: The Biotin-Conjugate should be used within 30 minutes after dilution.

Make a 1:100 dilution of the concentrated Biotin-Conjugate solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips Biotin-Conjugate (mL)		Assay Buffer (1x)(mL)
1–6	0.03	2.97
1–12	0.06	5.94

Streptavidin-HRP

Note: The Streptavidin-HRP should be used within 30 minutes after dilution.

Make a 1:200 dilution of the concentrated Streptavidin-HRP solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips	Streptavidin-HRP (mL)	Assay Buffer (1x)(mL)
1-6	0.03	5.97
1–12	0.06	11.94

Human IL-6 standard

- Reconstitute human IL-6 Standard by addition of distilled water. Reconstitution volume is stated on the label of the standard vial. Swirl or mix gently to insure complete and homogeneous solubilization (concentration of reconstituted standard = 200 pg/mL).
- 2. Allow the standard to reconstitute for 10–30 minutes. Mix well prior to making dilutions.
- After usage remaining standard cannot be stored and has to be discarded.
- 4. Standard dilutions can be prepared directly on the microwell plate (see "Test protocol" on page 3) or alternatively in tubes (see "External standard dilution" on page 3).

External standard dilution

- 1. Label 7 tubes, one for each standard point: S1, S2, S3, S4, S5, S6, S7
- 2. Prepare 1:2 serial dilutions for the standard curve as follows: Pipet 225 µL of Assay Buffer (1x) into each tube.
- 3. Pipete 225 μL of reconstituted standard (concentration = 200 pg/mL) into the first tube, labeled S1, and mix (concentration of Standard 1 = 100 pg/mL).
- 4. Pipet 225 μ L of this dilution into the second tube, labeled S2, and mix thoroughly before the next transfer.
- 5. Repeat serial dilutions 5 more times thus creating the points of the standard curve (see Figure 6).

Assay Buffer (1x) serves as blank.

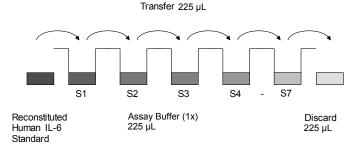


Fig. 6 Dilute standards - tubes.

Controls

Reconstitute by adding 300 μL distilled water to lyophilized controls (10–30 minutes). Swirl or mix gently to ensure complete and homogeneous solubilization. Further treat the controls like your samples in the assay. For control range please refer to certificate of analysis or vial label. Store reconstituted controls aliquoted at –20°C. Avoid repeated freeze and thaw cycles.

Test protocol

In case of incubation without shaking the obtained O.D. values may be lower than indicated below. Nevertheless the results are still valid.

- Determine the number of microwell strips required to test the
 desired number of samples plus appropriate number of wells
 needed for running blanks and standards. Each sample, standard,
 blank and optional control sample should be assayed in
 duplicate. Remove extra microwell strips from holder and store in
 foil bag with the desiccant provided at 2–8°C sealed tightly.
- 2. Wash the microwell strips twice with approximately $400~\mu$ L Wash Buffer per well with thorough aspiration of microwell contents between washes. Allow the Wash Buffer to sit in the wells for about 10–15 seconds before aspiration. Take care not to scratch the surface of the microwells.

After the last wash step, empty wells and tap microwell strips on absorbent pad or paper towel to remove excess Wash Buffer. Use the microwell strips immediately after washing. Alternatively microwell strips can be placed upside down on a wet absorbent paper for not longer than 15 minutes. Do not allow wells to dry.

3. Standard dilution on the microwell plate (alternatively the standard dilution can be prepared in tubes, see "External standard dilution" on page 3):

Add 100 μL of Assay Buffer (1x) in duplicate to all standard wells. Pipet 100 μL of prepared standard (see "Human IL-6 standard" on page 3, concentration = 200.00 pg/mL), in duplicate, into well A1 and A2 (see Table 1). Mix the contents of wells A1 and A2 by repeated aspiration and ejection (concentration of standard 1, S1 = 100.00 pg/mL), and transfer 100 μL to wells B1 and B2, respectively (see Figure 7). Take care not to scratch the inner surface of the microwells. Continue this procedure 5 times, creating two rows of human IL-6 standard dilutions, ranging from 100.00 to 1.56 pg/mL. Discard 100 μL of the contents from the last microwells (G1/G2) used.

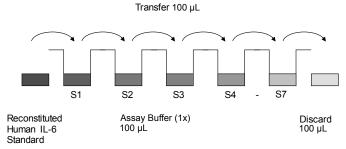


Fig. 7 Dilute standards - microwell plate.

Table 1 Example of the arrangement of blanks, standards, and samples in the microwell strips.

	1	2	3	4
А	Standard 1 100.00 pg/mL	Standard 1 100.00 pg/mL	Sample 1	Sample 1
В	Standard 2 50.00 pg/mL	Standard 2 50.00 pg/mL	Sample 2	Sample 2
С	Standard 3 25.00 pg/mL	Standard 3 25.00 pg/mL	Sample 3	Sample 3
D	Standard 4 12.50 pg/mL	Standard 4 12.50 pg/mL	Sample 4	Sample 4
Е	Standard 5 6.25 pg/mL	Standard 5 6.25 pg/mL	Sample 5	Sample 5
F	Standard 6 3.13 pg/mL	Standard 6 3.13 pg/mL	Sample 6	Sample 6
G	Standard 7 1.56 pg/mL	Standard 7 1.56 pg/mL	Sample 7	Sample 7
Н	Blank	Blank	Sample 8	Sample 8

In case of an external standard dilution (see "External standard dilution" on page 3), pipet $100~\mu L$ of these standard dilutions (S1–S7) in the standard wells according to Table 1.

- 4. Add 100 μL of Assay Buffer (1x) in duplicate to the blank wells.
- **5.** Add 50 μ L of Assay Buffer (1x) to the sample wells.
- 6. Add 50 μL of each sample in duplicate to the sample wells.
- 7. Prepare Biotin-Conjugate (see "Biotin-Conjugate" on page 3).

- 8. Add $50 \mu L$ of Biotin-Conjugate to all wells.
- **9.** Cover with an adhesive film and incubate at room temperature (18–25°C) for 2 hours, if available on a microplate shaker set at 400 rpm.
- 10. Prepare Streptavidin-HRP (see "Streptavidin-HRP" on page 3).
- 11. Remove adhesive film and empty wells. Wash microwell strips 4 times according to step 2. Proceed immediately to the next step.
- 12. Add 100 μL of diluted Streptavidin-HRP to all wells, including the blank wells.
- **13.** Cover with an adhesive film and incubate at room temperature (18–25°C) for 1 hour, if available on a microplate shaker set at 400 rpm.
- 14. Remove adhesive film and empty wells. Wash microwell strips 4 times according to step 2. Proceed immediately to the next step.
- 15. Pipet 100 µL of TMB Substrate Solution to all wells.
- **16.** Incubate the microwell strips at room temperature (18–25°C) for about 10 minutes. Avoid direct exposure to intense light.

The color development on the plate should be monitored and the substrate reaction stopped (see next step) before positive wells are no longer properly recordable. Determination of the ideal time period for color development has to be done individually for each assay.

It is recommended to add the stop solution when the highest standard has developed a dark blue color. Alternatively the color development can be monitored by the ELISA reader at 620 nm. The substrate reaction should be stopped as soon as Standard 1 has reached an OD of 0.9–0.95.

- 17. Stop the enzyme reaction by quickly pipetting 100 μ L of Stop Solution into each well. It is important that the Stop Solution is spread quickly and uniformly throughout the microwells to completely inactivate the enzyme. Results must be read immediately after the Stop Solution is added or within one hour if the microwell strips are stored at 2–8°C in the dark.
- 18. Read absorbance of each microwell on a spectro-photometer using 450 nm as the primary wave length (optionally 620 nm as the reference wave length; 610 nm to 650 nm is acceptable). Blank the plate reader according to the manufacturer's instructions by using the blank wells. Determine the absorbance of both the samples and the standards.

Calculation of results

- Calculate the average absorbance values for each set of duplicate standards and samples. Duplicates should be within 20% of the mean value.
- Create a standard curve by plotting the mean absorbance for each standard concentration on the ordinate against the human IL-6 concentration on the abscissa. Draw a best fit curve through the points of the graph (a 5-parameter curve fit is recommended).
- To determine the concentration of circulating human IL-6 for each sample, first find the mean absorbance value on the ordinate and extend a horizontal line to the standard curve. At the point of intersection, extend a vertical line to the abscissa and read the corresponding human IL-6 concentration.
- If instructions in this protocol have been followed, samples have been diluted 1:2 (50 μ L sample + 50 μ L Assay Buffer (1x)) and the concentration read from the standard curve must be multiplied by the dilution factor (x 2).
- Calculation of samples with a concentration exceeding standard 1
 may result in incorrect, low human IL-6 levels. Such samples
 require further external predilution according to expected human
 IL-6 values with Assay Buffer (1x) in order to precisely quantitate
 the actual human IL-6 levels.
- It is suggested that each testing facility establishes a control sample of known human IL-6 concentration and runs this additional control with each assay. If the values obtained are not within the expected range of the control, the assay results may be invalid.

A representative standard curve is shown in Figure 8.

Note: Do not use this standard curve to derive test results. Each laboratory must prepare a standard curve for each group of microwell strips assayed.

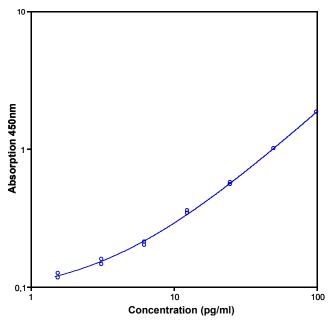


Fig. 8 Representative standard curve for Human IL-6 ELISA Kit. Human IL-6 was diluted in serial 2-fold steps in Assay Buffer (1x).

Table 2 Typical data using the human IL-6 ELISA (measuring wavelength of 450 nm, reference wavelength of 620 nm).

3				
Standard	Human IL-6 concentration (pg/mL)	0.D. (450 nm)	O.D. mean	C.V. (%)
1	100.00	1.848 1.854	1.851	0.2
2	50.00	1.005 1.002	1.004	0.2
3	25.00	0.553 0.570	0.562	2.1
4	12.50	0.355 0.343	0.349	2.4
5	6.25	0.201 0.212	0.207	3.8
6	3.13	0.146 0.158	0.152	5.6
7	1.56	0.116 0.125	0.121	5.3
Blank	0	0.075 0.086	0.081	

The OD values of the standard curve may vary according to the conditions of assay performance (e.g., operator, pipetting technique, washing technique, or temperature effects). Furthermore, shelf life of the kit may affect enzymatic activity and thus color intensity. Values measured are still valid.

Limitations

- Since exact conditions may vary from assay to assay, a standard curve must be established for every run.
- Bacterial or fungal contamination of either screen samples or reagents or cross-contamination between reagents may cause erroneous results.
- Disposable pipette tips, flasks or glassware are preferred, reusable glassware must be washed and thoroughly rinsed of all detergents before use.

- Improper or insufficient washing at any stage of the procedure will result in either false positive or false negative results. Empty wells completely before dispensing fresh wash solution, fill with Wash Buffer as indicated for each wash cycle and do not allow wells to sit uncovered or dry for extended periods.
- The use of radioimmunotherapy has significantly increased the number of patients with human anti-mouse IgG antibodies (HAMA). HAMA may interfere with assays utilizing murine monoclonal antibodies leading to both false positive and false negative results. Serum samples containing antibodies to murine immunoglobulins can still be analyzed in such assays when murine immunoglobulins (serum, ascitic fluid, or monoclonal antibodies of irrelevant specificity) are added to the sample.

Performance characteristics

Sensitivity

The limit of detection of human IL-6 defined as the analyte concentration resulting in an absorbance significantly higher than that of the dilution medium (mean plus 2 standard deviations) was determined to be 0.92 pg/mL (mean of 6 independent assays).

Reproducibility

Intra-assay

Reproducibility within the assay was evaluated in 2 independent experiments. Each assay was carried out with 6 replicates of 8 serum samples containing different concentrations of human IL-6. Two standard curves were run on each plate. Data below show the mean human IL-6 concentration and the coefficient of variation for each sample (see Table 3). The calculated overall intra-assay coefficient of variation was 3.4%.

 $\begin{tabular}{ll} \textbf{Table 3} & \textbf{The mean human IL-6 concentration and the coefficient of variation for each sample.} \end{tabular}$

Sample	Experiment	Mean human IL-6 concentration (pg/mL)	Coefficient of variation (%)
1	1	40.7	7.8
	2	42.2	1.6
2	1	40.1	4.1
	2	40.1	2.6
3	1	43.2	1.1
	2	41.7	3.5
4	1	65.6	2.3
	2	65.4	4.6
5	1	47.2	1.6
	2	48.0	2.1
6	1	34.1	2.5
	2	37.8	5.4
7	1	27.3	0.2
	2	35.2	7.7
8	1	37.8	4.1
	2	42.6	2.4

Inter-assay

Assay-to-assay reproducibility within one laboratory was evaluated in 2 independent experiments. Each assay was carried out with 6 replicates of 8 serum samples containing different concentrations of human IL-6. Two standard curves were run on each plate. Data below show the mean human IL-6 concentration and the coefficient of

variation calculated on 18 determinations of each sample (see Table 4). The calculated overall inter-assay coefficient of variation was 5.2%.

Table 4 The mean human IL-6 concentration and the coefficient of variation of each sample.

Sample	Mean human IL-6 concentration (pg/mL)	Coefficient of variation (%)
1	41.5	2.6
2	40.1	0.0
3	42.5	4.4
4	65.5	0.2
5	47.6	1.2
6	35.9	7.3
7	31.3	17.8
8	40.2	8.4

Spike recovery

The spike recovery was evaluated by spiking 4 levels of human IL-6 into serum. Recoveries were determined in 2 independent experiments with 8 replicates each. The unspiked serum was used as blank in these experiments. The recovery ranged from 78–105% with an overall mean recovery of 88%.

Dilution parallelism

Serum samples with different levels of human IL-6 were analyzed at serial 2-fold dilutions with 4 replicates each. The recovery ranged from 98% to 111% with an overall recovery of 105%.

Sample	Dilution	Expected human IL-6 concentration (pg/mL)	Observed human IL-6 concentration (pg/mL)	Recovery of expected concentration (%)
1	1:2	_	46.4	_
	1:4	23.2	22.7	98
	1:8	11.6	11.8	102
2	1:2	-	95.0	-
	1:4	47.5	50.3	106
	1:8	23.8	23.4	99
3	1:2	-	51.9	-
	1:4	26.0	28.8	111
	1:8	13.0	14.4	111

Sample stability

Freeze-thaw stability

Aliquots of serum samples (unspiked or spiked) were stored at -20° C and thawed 5 times, and the human IL-6 levels determined. There was no significant loss of human IL-6 immunoreactivity detected by freezing and thawing.

Storage stability

Aliquots of serum samples (spiked or unspiked) were stored at -20° C, $2-8^{\circ}$ C, room temperature, and at 37° C, and the human IL-6 level determined after 24 hours. There was no significant loss of human IL-6 immunoreactivity detected during storage under above conditions.

Comparison of serum and plasma

From two individuals, serum as well as EDTA, citrate, and heparin plasma obtained at the same time point were evaluated. Human IL-6 concentrations were not significantly different, and therefore all these body fluids are suitable for the assay. It is nevertheless highly recommended to assure the uniformity of blood preparations.

Specificity

The interference of circulating factors of the immune system was evaluated by spiking these proteins at physiologically relevant concentrations into a human IL-6 positive serum. No cross-reactivity was detected.

Expected values

A panel of samples from randomly selected apparently healthy donors (males and females) was tested for human IL-6. The levels measured may vary with the sample collection used.

Sample matrix	Number of samples evaluated	Range (pg/mL)	Detectable (%)	Mean of detectable (pg/mL)
Serum	40	nd ^[1] –12.7	47.5	5.8
Plasma (EDTA)	40	nd-13.0	17.5	6.4
Plasma (citrate)	40	nd-6.6	2.5	6.6
Plasma (heparin)	40	nd -6.5	30.0	5.0

^[1] nd = nondetectable, samples measured below the lowest standard point are considered to be nondetectable.

Calibration

The immunoassay is calibrated with highly purified recombinant human IL-6 which has been evaluated against the international Reference Standard NIBSC 89/548 and has been shown to be equivalent. NIBSC 89/548 is quantitated in International Units (IU), 1IU corresponding to 10 pg human IL-6.

Reagent preparation summary

Wash buffer (1x)

Add Wash Buffer Concentrate 20x (50 mL) to 950 mL distilled water.

Number of Strips	Wash Buffer Concentrate (mL)	Distilled Water (mL)
1–6	25	475
1–12	50	950

Assay buffer (1x)

Add Assay Buffer Concentrate 20x (5 mL) to 95 mL distilled water.

Number of Strips	Assay Buffer Concentrate (mL)	Distilled Water (mL)
1-6	2.5	47.5
1–12	5.0	95.0

Biotin-Conjugate

Make a 1:100 dilution of Biotin-conjugate in Assay Buffer (1x):

Number of Strips	Biotin-Conjugate (mL)	Assay Buffer (1x) (mL)
1-6	0.03	2.97
1–12	0.06	5.94

Streptavidin-HRP

Make a 1:200 dilution of Streptavidin-HRP in Assay Buffer (1x):

Number of Strips	Streptavidin-HRP (mL)	Assay Buffer (1x) (mL)
1–6	0.03	5.97
1–12	0.06	11.94

Human IL-6 standard

Reconstitute lyophilized human IL-6 standard with distilled water. (Reconstitution volume is stated on the label of the standard vial.)

Controls

Add 300 µL distilled water to lyophilized controls.

Test protocol summary

If instructions in this protocol have been followed, samples have been diluted 1:2 (50 μL sample + 50 μL Assay (1x)) and the concentration read from the standard curve must be multiplied by the dilution factor (x 2).

- 1. Determine the number of microwell strips required.
- 2. Wash microwell strips twice with Wash Buffer.

- 3. Standard dilution on the microwell plate: Add 100 μL Assay Buffer (1x), in duplicate, to all standard wells. Pipette 100 μL prepared standard into the first wells and create standard dilutions by transferring 100 μL from well to well. Discard 100 μL from the last wells.
 - Alternatively, external standard dilution in tubes (see "External standard dilution" on page 3): Pipet 100 μL of these standard dilutions in the microwells.
- 4. Add 100 μL Assay Buffer (1x), in duplicate, to the blank wells.
- **5.** Add 50 μL Assay Buffer (1x) to sample wells.
- 6. Add $50 \mu L$ sample in duplicate, to designated sample wells.
- 7. Prepare Biotin-Conjugate.
- 8. Add 50 µL Biotin-Conjugate to all wells.
- Cover microwell strips and incubate 2 hours at room temperature (18–25°C).
- 10. Prepare Streptavidin-HRP.
- 11. Empty and wash microwell strips 4 times with Wash Buffer.
- 12. Add $100 \mu L$ diluted Streptavidin-HRP to all wells.
- Cover microwell strips and incubate 1 hours at room temperature (18–25°C).
- 14. Empty and wash microwell strips 4 times with Wash Buffer.
- 15. Add 100 µL of TMB Substrate Solution to all wells.
- **16.** Incubate the microwell strips for about 10 minutes at room temperature (18–25°C).
- 17. Add 100 μL Stop Solution to all wells.
- 18. Blank microwell reader and measure color intensity at 450 nm.

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