# **Parkinson's Disease**

Product Guide | Edition 1

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## **Parkinson's Disease**

Parkinson's disease (PD) is a chronic, progressive neurodegenerative disorder that is principally characterized by the loss of dopaminergic neurons in the substantia nigra pars compacta (SNc). As the SNc is a component of the basal ganglia, this focal degeneration impairs motor learning, function and coordination; specifically, motor symptoms include tremor, bradykinesia, rigidity and postural instability. In addition, non-motor symptoms manifest in PD as early as 20 years before the first motor symptoms. This is known as the "prodromal phase" of the disease, and is driven by disturbances in neurotransmitter signaling that evolve into synaptic, and finally neuronal, loss.

The pathogenesis of PD has been proposed to be multifactorial with mitochondrial dysfunction, lysosomal dysregulation and α-synuclein aggregation and seeding being cited as major drivers behind the loss of dopaminergic neurons. Analysis of gene expression in PD patients has also revealed a genetic component of the disease, with mutations in a number of genes – including PRKN, PINK1, LRRK2, PARK7, SNCA and GBA all being linked to the development of PD. In rare cases of early-onset familial PD, mutations in a single gene are sufficient to drive the pathology, with LRRK2 risk variants being the most common cause of hereditary PD (hPD). Proteins encoded by these genes are under investigation to determine their influence on the pathogenesis of PD and their potential as a therapeutic target. Although the sporadic cases (sPD) have a stronger environmental risk factor influence, analysis of these PDassociated risk genes has provided significant advances in understanding the pathogenesis of the disease as a whole.



#### **Etiology of Parkinson's Disease**

The characteristic motor symptoms of PD occur as a result of the death of dopaminergic neurons in the SNc, a constituent of the basal ganglia. The basal ganglia are a collection of nuclei within the brain (Figure 1) that are integral to controlling motor function, learning and cognition. In the basal ganglia of healthy subjects, a network of inhibitory and excitatory neurons regulates signal transmission through the motor thalamus to the motor cortex. Dopaminergic neurons modulate this signaling network, both to facilitate movement (direct pathway) and to impede movement (indirect pathway). The correct balance of these antagonistic pathways enables coordinated motor control that is lost in PD.

Dopaminergic neurons in the SNc form one of many neuronal classes that coordinate the functional output of the basal ganglia. Others include the glutamatergic cortical projection neurons, serotonergic neurons of the dorsal raphe nucleus and GABAergic interneurons of the substantia nigra, all of which could be alternative targets for the treatment of PD.

Figure 1: Direct and indirect pathways of the basal ganglia. The Direct Pathway corresponds to an overall increase in motor activity due to disinhibition of the thalamus. The Indirect Pathway, as seen in Parkinson's Disease, leads to the suppression of extemporaneous movement due to disinhibition of the subthalamus. (GPe - Globus pallidus externa; Gpi - Globus pallidus interna; STN - subthalamic nucleus; SNc substantia nigra pars compacta).



#### α**-Synuclein**

α-Synuclein is a neuronal protein that remains to be fully characterized and has been implicated in several pathways ranging from regulation of endocytosis/exocytosis, which modulates dopaminergic signaling, to mediation of the immune response. The gene encoding α-synuclein, SNCA, is a significant risk factor for sPD; the SNCA mutations detected in sPD are typically point mutations that are thought to promote α-synuclein oligomerization and fibrillogenesis, which lead to aggregate formation. These aggregates are "sticky" and can sequester other proteins to form Lewy Bodies. In sporadic, and some familial variants of PD, Lewy Bodies are a characteristic feature of the disease. Anti-αsynuclein antibodies are being tested in clinical trials with the aim of alleviating the overexpression and aggregation of α-synuclein and hopefully the disease burden.

A key feature of mutant  $\alpha$ -synuclein is that it is selectively and extensively phosphorylated at Ser129 and this has been shown to increase α-synuclein toxicity. Kinases implicated in α-synuclein Ser129 phosphorylation include Abelson tyrosineprotein kinase 1 (ABL1), casein kinase 1 (CK1), casein kinase 2 (CK2) and G-protein-coupled receptor kinase 2 (GRK2), amongst others. Targeting these kinases using inhibitors such as D 4476 (Cat. No. 2902), TBB (Cat. No. 2275) and GRK2i (Cat. No. 3594) block Ser129 phosphorylation and may therefore delay α-synuclein-mediated cytotoxicity .

An alternative strategy for targeting α-synuclein toxicity in PD is through the promotion of α-synuclein inclusion formation. This approach, though at first appearing paradoxical, is thought to exert a protective effect in PD by reducing the presence of toxic early aggregation intermediates such as oligomers. Using small molecules, such as β-glucocerebrosidase (GBA) activators, to promote the clearance of α-synuclein aggregates has shown promise in early stage clinical trials.



#### **Lysosomal Dysregulation**

A common feature seen across PD variants is the dysregulation of the lysosomal and autophagy pathways. LRRK2, a protein kinase which has been implicated in both sPD and hPD, regulates autophagosome and lysosome fusion. The most common LRRK2 mutation observed in PD is G2019S, a missense mutation that affects the kinase domain of LRRK2 and is thought to increase its autophosphorylation activity and to activate the neuronal death pathway. This gainof-function mutation is associated with abnormal lysosomal morphology and impaired autophagosome formation, which promotes the formation of Lewy Bodies.

LRRK2 associates with α-synuclein and this interaction has been proposed to promote α-synuclein seeding. The potent and selective LRRK2 inhibitors Mli-2 (Cat. No. 5756), GSK2578215A (Cat. No. 4629), and LRRK2-IN-1 (Cat. No. 4273), may shed light on the function of LRRK2 and the extent of its involvement in PD (see Box 1 LRRK2 inhibitors), and LRRK2 inhibitors have reached clinical trials for PD. An alternative strategy, targeting specific degradation of LRRK2

can be explored with the development of LRRK2 PROTAC® molecules. PROTACs are bifunctional compounds that consist of binding moieties for the target (i.e. LRRK2) and E3 ubiquitin ligase, joined by a linker. This enables PROTACs to drive the selective ubiquitination of the target, leading to its subsequent degradation by the endogenous proteasome system. LRRK2 targeting PROTACs could therefore be a valuable tool in PD research.

Glucocerebrosidase/β-glucosidase (encoded by the gene GBA) is a lysosomal enzyme responsible for degrading specific glycolipids. Loss-of-function mutations in GBA manifest as a lysosomal storage disorder, Gaucher disease, but can also be present in rare familial variants of PD. This particular variant of hPD typically progresses more aggressively and has a greater non-motor symptom clinical profile compared to sPD. Further research using GBA activators and inhibitors (e.g. Conduritol B epoxide, Cat. No. 7056) could provide useful insight into the lysosomal dysfunction seen in PD.



#### **Mitochondrial Dysfunction**

It is thought that the selective death of dopaminergic neurons in PD is linked to an increased vulnerability of these neurons to external cell death-inducing stimuli. This is exemplified in the response of nigrostriatal dopaminergic neurons to the mitochondrial complex I inhibitor Rotenone (Cat. No. 3616); although rotenone is distributed uniformly throughout the brain following administration, the development of cytoplasmic inclusions and subsequent neuronal death selectively affects nigrostriatal dopaminergic neurons. By using a mouse conditional knockout of the mitochondrial complex I catalytic core in dopaminergic neurons, it has been shown that this is sufficient to trigger motor learning and function deficits. The experimental tool CGP 3466B (TCH 346, Cat. No. 2966), a GAPDH inhibitor that blocks mitochondrial complex I-mediated hydrogen peroxide release, prevents dopaminergic neuron loss in animal models of PD, demonstrating the importance of complex I as a target for PD research.

The environmental toxin 1-methyl-4-phenyl-1,2,3,6 tetrahydropyridine (MPTP) also inhibits complex I activity and can be used as a tool to induce PD-like symptoms in experimental models of the disease. MPTP itself is not toxic, but when metabolized *in vivo* by monoamine oxidase B (MAO-B), it forms 1-methyl-4-phenyl-pyridium (MPP+). This toxic metabolite is concentrated in the mitochondria by the dopamine transporter, which leads to complex I inhibition, depolarization of the mitochondrial membrane and opening of the mitochondrial permeability transition pore (mPTP). MAO-B inhibitors, Rasagiline (Cat. No. 4308) and Lazabemide (Cat. No. 2460) block the metabolism of MPTP, preventing the formation of toxic MPP<sup>+</sup>. Other experimental tools that can be used to study the effects of MPTP include the dopamine transporter inhibitors GBR 12909 (Cat. No. 0421) and JHW 007 (Cat. No. 4351), (see Box 2 Dopamine and dopamine transporters).

Complex I dysfunction in the absence of exposure to complex I inhibitors has been observed in post-mortem studies of PD brains, suggesting that its downstream effects may elucidate other targets for PD research. In particular, targeting mediators of cell death which are activated following loss of complex I activity, such as Bax, AIF and cytochrome c, may uncover novel strategies for neuroprotection. Inhibitors of Bax, such as Bax channel blocker (Cat. No. 2160), and iMAC2 (Cat. No. 3794) may be useful for studying these mechanisms.

Dopaminergic neurons are particularly vulnerable to the effects of mitochondrial complex I inhibition because, unlike the majority of other neurons, they express  $Ca<sub>v</sub>1.3$ -containing L-type calcium channels. These  $Ca<sub>v</sub>1.3$ -containing channels exhibit an increased ATP consumption and calcium flux due to their role in pacemaking, properties which render them more susceptible to oxidative stress and cell death. The effect of this unusual property was first demonstrated in a Danish study of hypertensive patients: administration of brainpenetrant L-type calcium channel blockers such as Verapamil (Cat. No. 0654), Diltiazem (Cat. No. 0685) and Isradipine (Cat. No. 2004) was associated with a significant decrease in the risk of developing PD. This effect has since been attributed to  $Ca<sub>v</sub>1.3$  channels, which therefore represent an attractive therapeutic target for PD. More recently, T- and R-type calcium channels have also been implicated in PD pathology with a selective T-type calcium channel blocker currently in clinical trials for essential tremor.

Other mitochondrial proteins postulated to be involved in PD include PINK1, PARK7, and parkin. These proteins are either located within the mitochondria or, in the case of parkin, are directly recruited by mitochondrial proteins. They are vital for the healthy function of the mitochondria, regulating processes including: biogenesis, mitophagy and mitochondrial trafficking. Rare loss-of-function mutations in the genes encoding these proteins are linked to specific forms of familial early-onset PD, as well as single-nucleotide polymorphisms

**Box 3** Dynamin inhibitors



Dynasore (Cat. No. 2897) Inhibitor of dynamin 1, dynamin 2 and mitochondrial dynamin



Mdivi 1 (Cat. No. 3982) Selective dynamin inhibitor; attenuates mitochondrial division and apoptosis

Tyr-Gly-Arg-Lys-Lys-Arg-Arg-Gln-Arg-Arg-Arg-Gly-Gly-Asp-Leu-Leu-Pro-Arg-Gly-Ser-NH<sub>2</sub>

P110 (Cat. No. 6897) Dynamin-related protein 1 inhibitor

associated with the risk of developing sporadic PD. Restoring mitochondrial homeostasis could be a novel therapeutic strategy in PD. Research tools such as: Staurosporine (Cat. No. 1285), an activator of PINK1–parkin pathway dependent mitophagy, Mdivi 1 (Cat. No. 3982) a dynamin inhibitor, and P110 (Cat. No. 6897) and Drpitor1a (coming soon, Cat. No. 7674), both inhibitors of dynamin-related protein 1, may prove useful (see Box 3 Dynamin inhibitors). USP30 inhibitors can also compensate for the loss of function of PRKN, for example ±-MF 094 (Cat. No. 6718).

#### **Depletion of Dopaminergic Signaling**

The death of dopaminergic neurons has severe effects on motor function due to the involvement of dopamine in modulating motor activity (Figure 1). In order to address the decreased dopamine availability in PD, treatment has classically involved administering L-DOPA (Cat. No. 3788, see Box 2), a precursor to dopamine that (unlike dopamine) can cross the blood-brain barrier. However, dosing regimens frequently result in fluctuations in L-DOPA levels, leading to periods of dyskinesia and psychosis. L-DOPA-induced dyskinesia remains a significant problem for PD patients despite L-DOPA being accepted as a 'gold standard' for the treatment of PD. Subsequent preclinical and clinical studies

have demonstrated that co-administration with the catechol-O-methyltransferase (COMT) inhibitor opicapone helps maintain a more consistent delivery of L-DOPA, and is now the recommended course of treatment in PD. The availability of L-DOPA is negatively affected by the activity of COMT and DOPA decarboxylase (DDC) and therefore co-administering inhibitors of these enzymes with L-DOPA increases L-DOPA's efficacy. COMT inhibitors prevent the conversion of the therapeutically active L-DOPA into 3-O-methyldopa, a metabolite with no therapeutic effect that competes with L-DOPA for transport into the brain. DDC inhibitors such as (*S*)-(-)- Carbidopa (Cat. No. 0455) prevent metabolism of L-DOPA in the periphery, thereby increasing central penetration of L-DOPA.

Further strategies to compensate for the loss of dopaminergic signaling in PD include the use of post-synaptic dopamine  $D_2/D_3$  receptor agonists such as Pramipexole (Cat. No. 4174), Rotigotine (Cat. No. 3896), Cabergoline (Cat. No. 2664), Bromocriptine (Cat. No. 0427) and Ropinirole (Cat. No. 3680) (see Box 4 Dopamine receptor agonists). These mimic the effects of the depleted dopaminergic neurons within the basal ganglia and improve motor function. However, current FDA approved dopamine receptor agonists also exhibit undesirable side-effects including nausea, dyskinesias and hallucinations and so newer, non-dopaminergic targets are now a focus of research.



One such non-dopaminergic target under investigation is 5-HT receptors. Often implicated in the pathogenesis and treatment of mood disorders,  $5-HT<sub>1A</sub>$  receptors have also been linked to PD due to the involvement of serotonergic neurons in controlling motor function, and the observation that they are also depleted in PD patients. Experimental tools for 5-HT receptors, in particular agonists such as 8-hydroxy-DPAT (Cat. No. 0529) and Tandospirone (Cat. No. 2854) may enable researchers to determine the influence of 5-HT on PD. Interestingly a  $5-HT<sub>2A</sub>$ inverse agonist is being investigated in clinical trials for treatment of PD-associated psychosis.

#### **Stem Cells**

Neurons derived from stem cells have been used for drug screening and the pathogenesis of PD may be modeled using stem cell-derived neurons.

PD has been a focus of significant stem cell research, due to the fact that a specific type of neuron and discrete brain region are involved. This profile has enabled researchers to develop and optimize *in vitro* neuronal differentiation paradigms that efficiently generate midbrain dopaminergic-like neurons from human embryonic stem cells (hESC). Work has been done to show that precise timing and dosing of specific small molecules, including SB 431542 (Cat. No. 1614), LDN 193189 (Cat. No. 6053), and CHIR 99021 (Cat. No. 4423), can be used to recapitulate endogenous developmental conditions to generate midbrain dopaminergic neuron-like cultures from hESC. Moreover, the neurodegeneration profile of PD favors the use of regenerative medicine strategies. With established protocols for generating an unlimited source of hESC-derived dopaminergic progenitors, the clinical reality of regenerative medicine has drawn closer and phase I clinical trials are in progress for the treatment of PD with transplanted patient stem cell-derived neurons.

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#### **Future Directions**

The identification of multiple gene mutations associated with PD has provided a new set of molecular targets for the focus of future PD research, whilst further genetic analysis may uncover additional molecular targets involved in PD. The availability of potent and selective tool compounds, such as LRRK2 inhibitors, GBA activators and calcium channel blockers, will enable researchers to elucidate the contribution of these individual proteins to the pathogenesis of PD and may lead to an efficacious therapy that not only alleviates both the motor and non-motor symptoms, but achieves this goal without causing side-effects.

#### **List of Acronyms**



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#### **Products**









#### **Further Reading**

Please refer to the list of recommended papers for more information.

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**Earley** *et al* (2021) Identification of ASCL1 as a determinant for human iPSC-derived dopaminergic neurons. *Sci. Rep*. **11** 22257

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**González-Rodríguez** *et al* (2021) Disruption of mitochondrial complex I induces progressive parkinsonism. *Nature* **599** 650

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**Kim** *et al* (2021) Biphasic Activation of WNT Signaling Facilitates the Derivation of Midbrain Dopamine Neurons from hESCs for Translational Use. *Cell Stem Cell* **28** 343

**Krahn** *et al* (2020) Defining the Neural Kinome: Strategies and Opportunities for Small Molecule Drug Discovery to Target Neurodegenerative Diseases. *ACS Chem. Neurosci.* 11 1871

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**Lengyel-Zhand** *et al* (2022) PARkinson's: From cellular mechanisms to potential therapeutics. *Pharmacol. Ther.* **230** 107968

**Madureira** *et al* (2020) LRRK2: Autophagy and Lysosomal Activity. Front. *Neurosci.* **14** 498

**Mirzaei** *et al* (2021) Biomaterial Strategies for Restorative Therapies in Parkinson's Disease. ACS Chem. *Neurosci.* **12** 4224

**Nalls** *et al* (2019) Identification of novel risk loci, causal insights, and heritable risk for Parkinson's disease: a metaanalysis of genome-wide association studies. *Lancet Neurol.* **18** 1091

**Nandakumar** *et al* (2021) Interventional Strategies for Parkinson Disease: Can Neural Precursor Cells Forge a Path Ahead? ACS Chem. *Neurosci*. **12** 3785

**Oliveira** *et al* (2021) Alpha-synuclein research: defining strategic moves in the battle against Parkinson's disease. *NPJ Parkinsons Dis*. **7** s41531-021-00203-9

**Piao et al** (2021) Preclinical Efficacy and Safety of a Human Embryonic Stem Cell-Derived Midbrain Dopamine Progenitor Product, MSK-DA01. *Cell Stem Cell* **28** 217

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**Ravina** *et al* (2012) Dopamine Transporter Imaging Is Associated With Long-Term Outcomes in Parkinson's Disease. *Mov. Disord.* **27** 1392

**Senkevich** *et al* (2022) New therapeutic approaches to Parkinson's disease targeting GBA, LRRK2 and Parkin. *Neuropharmacology* **202** 108822

## **Consistent Reagents for Consistent Cultures**

Pluripotent stem cells (PSCs) have the potential to differentiate into any cell type making them pivotal tools for a variety of applications including basic research, drug discovery and development, disease modeling, toxicology testing, cell therapy and personalized medicine. The reagents and protocols needed to culture, differentiate and characterize PSC-derived cells vary by cell type. At Bio-Techne we are proud to offer a portfolio of research tools that you can trust for your PSC cultures.

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